

## MASSAGE

### *Indonesian Massage*

Full body massage using palm pressure to increase blood circulation

60 min. € 20 / 90 min. € 26

### *Sports Massage*

Full body massage to improve blood circulation & release muscle tension

60 min. € 26 / 90 min. € 32

### *Tension Relief Massage*

Head, neck, shoulder and back massage to alleviate tension

30 min. € 16

### *Sense Reviver*

Full body massage concentrating on the reflex zones on the hands & feet

60 min. € 24

### *After Sun Soother*

A gentle massage using aloe vera cream to soothe & calm the skin after a day in the sun

60 min. € 26 / 90 min. € 32

### *Foot Reflexology*

A foot massage by applying pressure to the feet using specific thumb, finger & hand pressure

60 min. € 20

## BODY TREATMENTS

### **Scrubs**

#### *Sea Salt*

Aromatic sea salt scrub to bring the skin a level of softness & glow

60 min. € 26

#### *Green Tea*

Natural antioxidant to repair and exfoliate

60 min. € 26

#### *Coffee*

Relaxing and for all skin types

60 min. € 26

#### *Avocado*

Mineral rich Indonesian mud wrap to detoxify

60 min. € 26

### **Body Mask**

#### *Bengkoang*

Refresh & treat tired skin

60 min. € 28

#### *Avocado*

Rejuvenating & to treat dry skin

60 min. € 28

#### *Rice & Pandan*

After sun cooling & moisturizing

60 min. € 28

#### *Seaweed*

Moisturizing, smooth & soften

60 min. € 28

#### *Sea Mud*

Detoxify & mineral rich

60 min. € 28

## BEAUTY TREATMENTS

### *Natural Facial*

A facial massage for all skin types to cleanse, moisturize & replenish

45 min. € 30

### *Manicure*

Includes hand bath, scrub, massage & nail polish

60 min. € 20

### *Pedicure*

Includes foot bath, scrub, massage & nail polish

75 min. € 22

### *Ear Candling*

Includes a soothing 10 min. head & face massage

30 min. € 15

## PACKAGES

### *A Touch of Minahasa*

Complete Experience

- Indonesian Massage
- Bengkoang Body Mask

120 min. € 40

### *Soothing Exfoliation*

Rejuvenating & Exfoliating

- Indonesian Massage
- Avocado / Green Tea Scrub

120 min. € 42

### *Tranquility*

Relax Rejuvenate & Replenish

- Indonesian Massage
- Coffee / Sea Salt Body Scrub
- Seaweed Body Mask

180 min. € 66

### *Indulgence*

Ultimate Pampering from head to toe

- Indonesian Massage
- Sense Reviver
- Body Scrub of your choice
- Body Mask of your choice
- Natural Facial

250 min. € 115